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We are constantly seeing food recalls over the last few years. It can make us scared to buy packaged food for fear of what disease we may pick up.

On top of the fear that food borne illnesses can cause in the wake of multiple recalls, it is extremely expensive to treat all the people that get food poisoning. A new study estimates that food illnesses costs over \$150 billion (that is Billion with a B) in medical bills, lost productivity, and lost wages. If that isn't enough to get you thinking about what kind of food you are putting into your body and where it came from, I don't know what will.

Here is an excerpt from the article and a link to the article that was published in the Los Angeles Times.

A new consumer research report released Wednesday has found that the health-related costs of food-borne illnesses total \$152 billion a year, including the costs of medical bills, lost wages and lost productivity. That total is more than four times that of earlier estimates calculated by the U.S. Department of Agriculture.

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