

Published based on [Dental Health Care for Children: Tots, Tweens, and Teens](#)

Dental Health Care for Children: Tots, Tweens, and Teens

Dental health is important for people of all ages. The American Dental Association recommends taking your child to get their first dental check at age one, or as soon as their first tooth comes in.

The article below gives several great ideas on how to start a good dental hygiene habit. It's important to have a healthy mouth and to teach your kids how to take care of their teeth. The information in the article covers children at a very young age through adults.

Your child's dental health needs change as they grow. Keep their smiles bright with these tooth tips.

[Dental Health Care for Children: Tots, Tweens, and Teens](#)

You can also find this article published on [Dental Health Care for Children: Tots, Tweens, and Teens](#)