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# **Eczema - Causes, Symptoms, Diagnosis and Treatments of Eczema**

Eczema affects millions of Americans - both young and old. It's a very painful and frustrating chronic skin disorder that can appear anywhere on your body. There are many different treatment options from steroid creams to hydrocortisone creams to herbal remedies and cutting certain foods from your diet. It may take one or more different kinds of treatments before you start to notice the eczema clearing up.

It's especially difficult for young children when it appears on their hands. Children who suck their thumbs can aggravate the affected area. Also simple things like brushing their teeth or washing their hands can be painful.

For more information on the symptoms and treatments of eczema click on the below.

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