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Do you need a quick healthy snack you can eat on the go? Do you like coconuts? Then try one of these CocoChia Snack Mixes. They are super delicious. Click on one of the links to get more information about the CocoChai Snack Mixes and where to buy them.

I love coconut, but besides Mounds and Almond Joy candy bars, there aren't a lot of portable ways to enjoy this tropical fruit. The CocoChia on-the-go snack mixes are the perfect way to get delicious coconut plus plenty of heart-healthy omega-3s.

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