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Green Tea May Help Treat Uterine Fibroids

According to a new study published in the American Journal of Obstetrics and Gynecology, green tea extract may be useful in treating uterine fibroids. This condition affects 25% to 30% of U.S. women and can lead to all kinds of painful and debilitating problems.

In the study, mice were injected with fibroid cells. Half of the mice were given given epigallocatechin gallate which is a polyphenol found in green tea and some fruits and vegetables. The other half were not given EGCG.

The mice were observed for 8 weeks. The mice that were given EGCG had fibroid growths that were smaller and weighed less than the control group and one of them mice had no growths.

If you want to read the whole story about this potential breakthrough treatment, click the link below and read the whole story at WebMD.

[Green Tea Extract May Treat Uterine Fibroids:](#)

You can also find this article published on [Green Tea May Help Treat Uterine Fibroids](#)