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In yet another study related to obesity in children, it appears that obese boys are likely to start puberty later than those that are of normal weight. While this may not seem like a terrible thing, it is just another in a seemingly endless series of health concerns related to obesity.

As we keep getting more overweight as a nation and as a world, we will continue to see more studies showing abnormal physical conditions being caused by obesity. Even when the effect doesn't seem to be too bad, we have to remember it is NOT normal. We must get our weight under control if we want to live normal, health lives.

Here is a quick excerpt from the article with a link below that to the full article if you want to read that.

"Our study shows that the relationship between body fat and timing of puberty is not the same in boys as it is in girls," study author Dr. Joyce M. Lee, a pediatric endocrinologist at the University of Michigan, said in a university news release. "We found that increased body fatness is associated with a later onset of puberty in boys, the opposite of what we have seen in girls, as heavier girls tend to develop earlier, rather than later."

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