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Listeria Monocytogenes And Meningitis

If you read my other recent post titled "Almost 69,000 pounds of cheese recalled over possible contamination" (yes, I know it is a very long title) about the recall of 69,000 pounds of cheese, you are probably wondering what is *Listeria monocytogenes*? Click on the link to find out about the bacteria *Listeria monocytogenes* and what type of things they can cause.

Listeria monocytogenes bacteria are commonly found in soil; dust; water; sewage; unpasteurized cheeses such as brie, mozzarella, and blue cheese; and uncooked vegetables. These bacteria can enter the body through contaminated food or water. Foods contaminated with *Listeria monocytogenes* can cause [outbreaks](#) of [meningitis](#).

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