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As people start to live longer lives – yes, there are people living longer healthier lives – more parents are having children at ages older than 40. This does not come without problems though. According to the study I read about today, mothers that are older than 40 are 50% more likely to have a child with autism when compared to a mother in their 20's. There is also increased risk when the father is older, but it is not as high.

I really don't have a lot to read into this article, but wanted to share it with you. I included a couple paragraphs from the original article and a link at the bottom for the whole thing. Check it out if you are interested in having children past the age of 40.

Mothers older than 40 were about 50 percent more likely to have a child with autism than those in their 20s; the risk for fathers older than 40 was 36 percent higher than for men in their 20s.

The study suggests the risk of a woman over 40 having an autistic child was still less than 4 in 1,000, one expert noted.

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