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# **Worst Foods in America - That's Fit**

We know that grabbing fast food isn't good for us, but some fast foods are worse than others. Click on the link below to see which foods to avoid the next time you eat out.

Can an appetizer with the caloric equivalent of 13 Krispy Kreme doughnuts be justified? No. The 2,710-calorie Awesome Blossom has been purged from Chili's menu--maybe the fat-drenched appetizer couldn't withstand the scrutiny of being named one of the worst foods in America [last year](#).

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