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Bitter Melon: A Breast Cancer Killer?

New Research has shown that bitter melon may destroy breast cancer cells and stop them from multiplying. Many people have used bitter melon supplements over the years because of its blood sugar benefits. You can buy bitter melon in many Asian grocery stores, purchase it in a pill form from health food stores or buy it as a tea. For more information on bitter melon and it's many health benefits read the article below.

A vegetable used in Chinese and Indian medicine to treat diabetes may also destroy [breast cancer](#) cells, according to a study published in the March 1 issue of "Cancer Research," a journal of the American Association for Cancer Research.

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