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In an admirable move that probably has nothing to do with profits (maybe PR though), some providers of school lunches are pledging to make their meals healthier. While this may seem like a small step (and it is), every change has to start somewhere. Hopefully, this program will expand and more children will be exposed to healthy foods – not just ketchup which was once considered a vegetable by school lunch standards (it still might be, but I don't know for sure).

The more exposure we can give to health initiatives, the more people will be aware of the problem. Teaching our kids is the right place to start because they are still open to new things unlike older people who are much less likely to change their eating habits. Change will be slow, but hopefully it will be for the better.

Check out the link below the excerpt for the whole story.

The National Restaurant Association applauded school lunch providers Aramark, Chartwells Educational Dining Services of Compass Group North America, and Sodexo, which joined with First Lady Michelle Obama in a groundbreaking pledge to help eliminate childhood obesity within a generation.

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