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Turkey Cutlets with Peas & Spring Onions - Recipe - AOL Food

If you are looking for a great recipe that gives you a portion of healthy protein as well as a portion of vegetables, there is a great recipe on AOL Foods for Turkey with peas and spring onions.

When you are trying to get healthy, one of the best ways to do that is to eat balanced meals that consist of one protein, one vegetable, and one carbohydrate. This one recipe gives you two of those portions with turkey and one serving of vegetables with peas.

I have not tried this exact recipe, but have tried other ones like this and looking at the ingredients this looks like it will be a tasty dinner. I am looking forward to trying it.

If you want to check out the recipe, click the link below and head over to AOL Foods to see if you want to try it.

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