

Published based on [Simple Tool May Predict Athlete's Risk Of Ligament Injury](#)

Simple Tool May Predict Athlete's Risk Of Ligament Injury

If you are an athlete or just a person that likes to play sports this simple tool at your doctor's office could help you find out your risk of ligament injuries. Click on this link to find out how this works so you can find out your risk of ligament injuries.

Athletes at high risk for anterior cruciate ligament (ACL) injury can be identified through a simple, inexpensive method that can be done in a doctor's office, according a new study.

[Simple Tool May Predict Athlete's Risk for Ligament Injury](#)

You can also find this article published on [Simple Tool May Predict Athlete's Risk Of Ligament Injury](#), and on the tag pages [acl](#), [ligament injury](#), [ligaments](#), [yahoo](#), [yahoo health](#).